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Issue 4



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Rutgers Green Print



# Rutgers Green Print

a SEBS student run newsletter

## Climate Change Month: A Call to Action

By Derek Noah

**In accord with** the discussion of scientists and policymakers alike, National Geographic's November Issue focuses on climate change. The first half of the issue emphasizes what climate change does, how it affects us, and what has already happened. The second half aims to show how we can stop or curb climate change. The statistics that are shown in the issue are staggering. National Geographic asserts that there are parts of the world that have seen temperature increases by 15 degrees since 1960 and by 2100 there could be as much as a 3 foot rise in sea level. With such a drastic rise in sea level cities such as New York, Boston, Miami, Baltimore, New Orleans, and many more will be in ruins.

As emphasized by the major publication, this is not just an environmental problem, it is an economical issue. Those cities account for billions of dollars of the United States GDP and millions of jobs. Yet with all of this overwhelming data, people like Senator James Inhofe continue to deny the reality of climate change. In fact, he is going to Paris for the climate change talks to tell the world that the science is not settled and that we should not be worried. His argument is that if we implement new policies to change our fossil fuel use and shift to other sources, jobs will be lost and the economy will suffer. However, the solar industry is creating jobs 10 times faster than oil or gas does. If we were to slow down or halt our fossil fuel burning we would significantly decrease the amount of respiratory related health problems in this country. These health problems cause medical expenses that are a major economic drain. The cost of implementing legislation to combat climate change is much lower than the cost of inaction.

As Bernie Sanders points out, it is a travesty that we have an entire political party in the United States, the Republicans, that deny the FACT that climate change is real, it is here, and continues to cause damage to the natural world.



Bill Nye was the Rutgers University commencement speaker last year and he spent a good part of his speech talking about climate change and how we can be the generation to make a change in the world. We have had the warmest temperatures on record in the last decade, rapid wildfires rage on more frequently, fierce natural storms are more common, the sea level is rising at a rate we have never seen in the past, and overall the global average temperature is climbing at alarming rates. We need to stop debating this topic and instead, make changes to save the earth. We must learn to trust science ahead of politicians. We need action. We need change. We need to become stewards of our environment instead of destroying it. Use your voice and make a difference.

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## Mr. and Mrs. SEBS Pageant

By Milan Martin

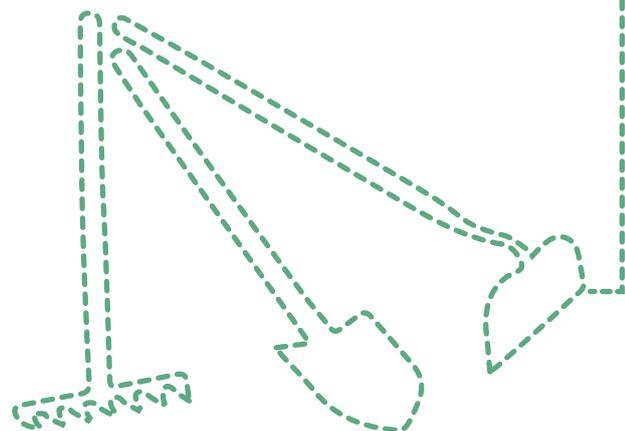
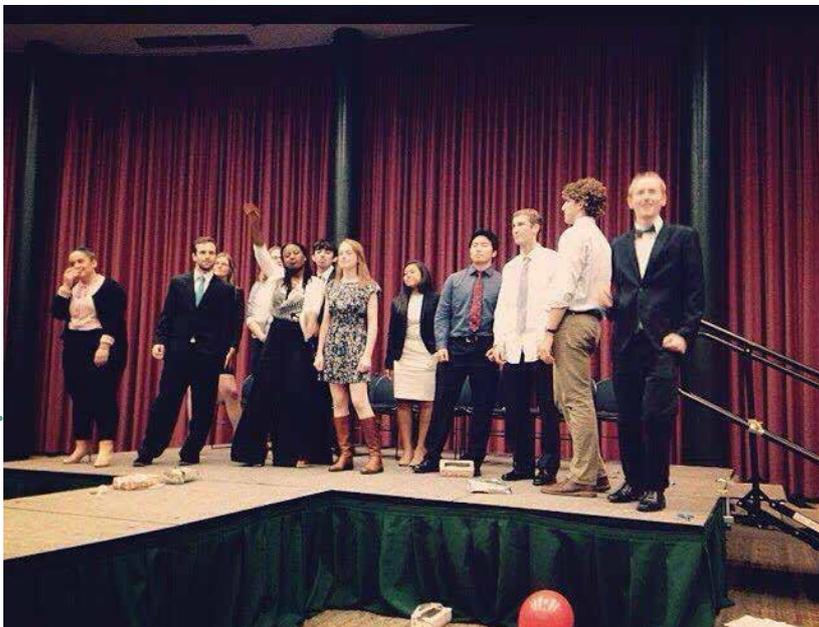
On Friday November 6th at 7:30, A group of six foxy females and six manly men graced us with their presence as they competed for Mr. and Mrs. SEBS 2015. Moes also blessed us with awesome catering for the event (more of a reason to go to this event next year). The contestants: Katarina Piasevoli, Francesca Roesli, Ali Zadia, Kevin Marceski, Frank Macquarie, Gaby Talarico, Tom Hoge, Edwin Xue, Chris Mazzacano, Caitlin Uriarte, Diandra Arthurton, Jaclyn Bird were joined by their lovely hosts Kelly D'Amico and Sam Coakly. Each contestant dressed to the nines and was asked a series of "challenging" questions including, "what are three uses for a pencil other than writing?", "what are the contents of your refrigerator?".

After the questions, the contestants were made to compete in a series of "minute to win it" games, which were personally, hilarious yet disturbing (try watching 6 guys viciously shake their butts for a minute trying to shake out ping pong balls from a box taped to their butt). Yeah, I know it's hard to picture. Anyhow, the women were subjected to do the same and then they also all had to stack Oreos on their foreheads. After these rather intense challenges it was time for the audience to choose the deserving male and female to be crowned Mr. and Mrs. SEBS. After much anticipation it was announced that Diandra Arhturton and Chris Mazzacano had won the coveted title! I personally had a blast watching everyone compete and embarrass themselves a little. Definitely come out next time they do this because you get to see some quality entertainment from your fellow SEBS colleagues.

## Want to be a Garden Master?

By Emily Hunziker

Everyone's heard of the Master Gardening Program right? Well for those who haven't, here's a little tidbit. A Master Gardener is a member of the American Horticultural Society, usually in connection with a state university such as Rutgers, and acts as an official expert in home gardening and landscaping. Master Gardeners are involved in maintaining a community garden, conducting research, and giving lectures to class trips or town councils. The Master Gardener Association of NJ meets monthly on Cook Campus intended to brainstorm how to communicate research to the general public. There are local professionals for every county in NJ, with a helpline available to give you ideal regionally-specific advice! The Rutgers Cooperative Extension is located at Davidson's Mill Pond Park in North Brunswick, where you can find a number of environmental education programs for all ages.





## A Former Vegetarian's Take on Eating Meat

By Ramya Kappagantula

**At the age of six,** I saw something on my dinner plate that I had never seen before. What was once a sentient being was not my meal. This would be my first step to a world I had not yet known, a taste my vegetarian palate would have a hard time getting used to for the next few years. By the time I entered high school, I had gotten accustomed to eating meat. By freshman year of college, I was unstoppable. I had gained the appetite to devour any new cuisine; I had a new love for sushi, salami, and steak. I discovered much more than the chicken on my plate from many years ago.

Although this new hunger took over me, I had increasingly gained more guilt. Brutal scenes of inhumane treatment of animals from *Food, Inc.*, a documentary I had to watch for a class, began to haunt me. My conscience could not bear the hypocrisy I was engaging in. On one hand, I believed in respecting all creatures, and on the other I was chowing down on a burger. To me it was a question of continuing this new lifestyle or supporting animal welfare. Then I stumbled upon the work of Professor Temple Grandin from Colorado State University who devised a humane system of handling livestock. Professor Grandin's remarkable method of slaughtering cattle humanely is currently used in many facilities around the country.

Previously, being a vegetarian in this country was quite difficult. However, people are changing the way they eat, and veganism has been on the rise. Not only has a plant-based diet become more popular, but people are also purchasing healthier food, which are mostly organic products that do not contain artificial flavors, dyes, preservatives, and more. In fact, a recent *New York Times* article mentioned that the new movement has caused corporations to play catch-up with their production. These big brands, such as General Mills and Hershey's, are looking to emulate the small businesses that have been threatening their sales.

I applaud the major shift the food industry is currently going through. In a country known around the world for its obesity epidemic, it is refreshing to hear that people are taking a step towards a healthier, and even an ethical diet. As for me, I found my own balance in this personal battle. I have not given up meat consumption, but I have largely reduced my intake. I cannot call myself a vegan because I will occasionally eat meat and continue to consume dairy. And of course, there is no way I can give up the heavenly goodness that is ice cream. Besides, I like the approach some chefs are taking, the Nose-To-Tail philosophy, which embraces making use of the whole animal. Too often we end up eating only specific parts of the animal and wasting the rest. I continue to research and discover what I think is a reasonable and sustainable diet. I have realized on my little food journey that moderation is key to having a healthy diet.





## Songs to Learn on Guitar

By Nicole Cohen

Playing an instrument is one of the most satisfying things you can do with your time. As Cook students, playing guitar is a great activity to do both indoors and outdoors, alone or with a group of people. Listed below are a few songs that are both fun to play and easy to learn.

1. **Blackbird (The Beatles)** : This classic song sounds great on an acoustic guitar. Though it is entirely finger picked, the chords are simple and once you learn it, it is sure to impress.
2. **What I Got (Sublime)** : This is a good song to play around a campfire and sing along to. An added bonus, the guitar riff is really fun to play.
3. **Father and Son (Cat Stevens)** : Another American classic, this song only uses a few chords and can sound a lot like the recording. Most important for a beginner, the strumming pattern is simple.
4. **Creep (Radiohead)** : This song consists of a few chords and is primarily strummed. It is fun to play, easy to learn and who does not wanna sing out, "I'm a creep, I'm a weirdo."



## Green Print Vibes 4

- Windowlicker - Aphex Twin
- Working For It - Zhu
- Better Than - Lake Street Dive
- It's Oh So Quiet - Björk
- Life Goes Down - Ang Low
- You Made Me - Dev09
- World Princess part II - Grimes
- So Good - NAO;A.K. Paul
- Dog Days Are Over - Yeasayer Remix
- Some Kind of Nature - Gorillaz
- Burn With Me - Whilk & Misky
- 8896 - Låpsley
- Marilyn Monroe - Sevdaliza
- Suffer - Charlie Puth