



RUTGERS
GREEN PRINT

ISSUE 36 | MARCH 2021



Table of Contents

3	Editor's Note
4	Endangered Species Of the Month: Not the Red Knot
5	Bucket List For The Traveler
8	Meraki Art
10	Library Resources to Navigate a New Semester
11	A Cyberattack on Small Water Systems
12	"What can I do during the pandemic? I'm so bored all the time!"
14	Passion Puddle Playlist
15	Works Cited

Hello Green Print Readers,

Have you ever looked at a stranger and wondered: “what is it like to be you?” Whether it is the man with the coffee cup in your morning commute or the dark haired girl waiting at your bus stop, the Strangers Project attempts to answer this very question.

Founded by Brandon Doman in 2009, the Strangers Project is a collaboration of the voices of thousands of strangers, and their triumphs, defeats, joys and burdens. Each and every story is collected from an unknown passerby, who chose to spend a few minutes of their time sharing their tale.

We often look for spaces to call home. Spaces which accept us without judgement or expectation, and let us remain fully intact, without feeling the need to restrict us with definitions. Sometimes, we may very well find these places when we take a moment, and view the world around us through the fresh eyes of anonymity.

Please enjoy Green Print’s March Issue, dedicated to all the familiar faces we find in strange rooms.

*Love,
Samhita Vadapalli
Editor*



Endangered Species Of the Month: Not the Red Knot

By Allison Almeda-Ahmadi

Touting a brilliant rusty red chest, red knots are shorebirds that feast on the eggs of horseshoe crabs. These birds are native to New Jersey and inhabit areas of the Delaware Bay as well as parts of the Cape May peninsula. As an essential member of the food chain, red knots are important for the coastal ecosystem by helping maintain scavengers and other fish. Their yearly migration around the Jersey coasts are a marvel for any bird enthusiast.

The Atlantic red knots, also known as the Rufa red knots, have been on the decline since the 1980's and were listed as an Endangered Species in 2015. Their population has suffered due to the deflated horseshoe crab population, which the red knots primarily consume to fuel their lengthy migrations. The horseshoe crab population crashed in the 1990's due to overharvesting for use in whelk and eel fishing. Those studying the red knot believe that the best way to save them from endangerment is to help the horseshoe crab populations recover.

The Audubon state offices of New York and Connecticut are currently working on passing bills to help harvest horseshoe crabs in a more sustainable way. If you would like to help save the red knot and horseshoe crabs, there are a few simple tasks you can do next time you visit coastal areas. First, you should flip over any crabs you see on their backs, as doing so could save their lives. Second, try not to disturb any shorebirds that are eating or resting, as their time before migration is precious. Hopefully in a few decades, the horseshoe crab population will recover, which can later lead to the recovery of the Rufa red knots.



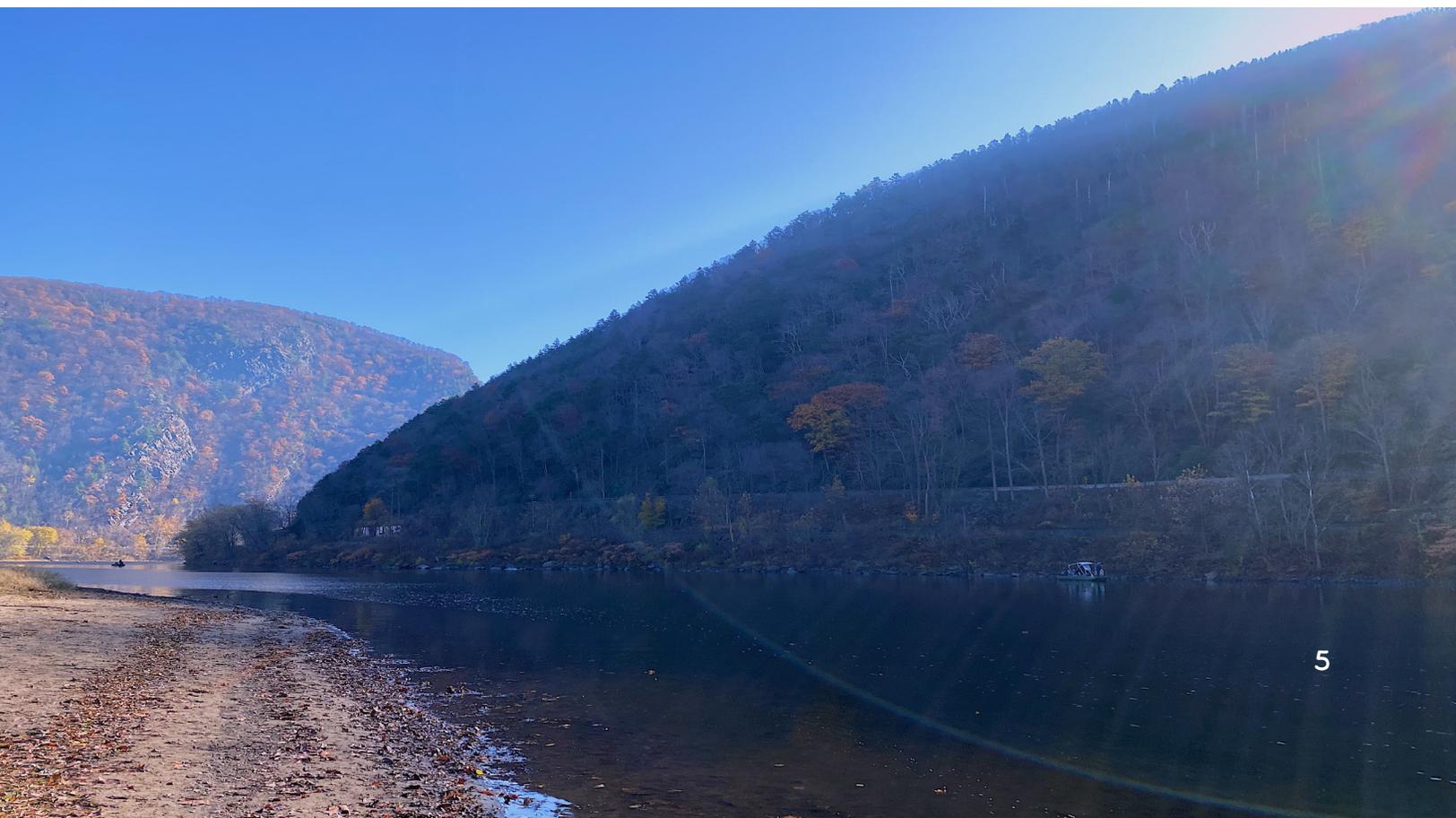


Bucket List For the (Tri-State) Traveler: Mt. Tammany

By Jeremy Lewan

At 1,526 feet tall, Mt. Tammany stands as the southernmost sentinel of the Kittatinny Mountains, guarding the Delaware River. The mountain composes the eastern side of the Delaware Water Gap. With ample parking available, the trail is highly trafficked, especially during the peak fall color season. Start at the trailhead off i-80 West and begin the ascent.

The Delaware Water Gap bathed in morning light, with Mount Tammany's peak in the background.





My best friend, Paolo, at the trailhead
ready to start the climb!

Make the hike during peak color season!
(late October to early November)

The hike is uniformly steep and takes about 4 hours round-trip, with 1 hour spent at the summit for lunch. The view at the top is spectacular!

At the peak of Mt. Tammany: the entire valley was painted orange and yellow

RUTGERS GREEN PRINT



Paolo on the descent. Choose an autumn day with warm temperatures for a comfortable hike!



Meraki Art

By Nikita Patel

'Meraki' refers to the idea of putting "something of yourself" into what you are doing. To check out some of the other art pieces created or replicated by artist Nikita Patel, visit the Instagram page: [meraki.art_niki](https://www.instagram.com/meraki.art_niki)







Library Resources to Navigate a New Semester

By Subhodeep Chakraborty

Rutgers University librarians and library staff are always looking for opportunities to help students. Research can be difficult but Rutgers Library has access to many useful databases that can help. Earlier in the semester the libraries sent out an email to the Rutgers student body to remind them of all the resources at their disposal. The library staff is here to help:

- 📖 Research assistance via chat & email
- 📖 Personal appointments with subject librarians
- 📖 Dozens of customized research guides which guide you through your research assignments
- 📖 Online tutorials about research and academic writing
- 📖 Citation tools and guidelines
- 📖 Limited study space is also available! Please consult the website regularly for updates and changes

It's definitely a challenging year for all students but the library is a great resource to obtain the information needed for assignments, papers and citations. Don't hesitate to email a librarian to get help!

Be sure to check out this brief video featuring librarian Becky Diamond, as well as fellow students, who share their tips for using the RU libraries: <https://youtu.be/xwK0CnDRAMs>

Do you want to receive library research tips around midterms/finals? Click here to subscribe to our newsletter: <https://mailchi.mp/libraries/new-brunswick-libraries-student-newsletter>.



A Cyberattack on Small Water Systems

By Samara Mowla

In Oldsmar, Florida hackers attempted a cyberattack on the city's water facility. The town supplies water to Oldsmar's population of 15,000 people. The hacker took over the system remotely and attempted to drastically increase the level of lye in the drinking water. This would have led to the poisoning of thousands of people. This attack draws attention to the necessity for increased security of small water systems.

The hacker gained access to the water facility remotely, likely through weak passwords and a software that allows for supervisors to remotely monitor the system. An employee at the facility first noticed the hacker's presence on the computer but dismissed it as supervisors regularly log on remotely. He then observed that the hacker was changing the levels of lye from 100 parts per million to 11,100 parts per million. Such drastic levels could seriously

harm residents. The employee was able to quickly notice this change and control it before the water supply was impacted.

This cyberattack in Oldsmar, Florida warns of the potential threat on other small municipalities. Water systems are an incredibly important infrastructure that require high levels of security. In towns across the nation, water systems tend to be underfunded and understaffed, leaving them particularly vulnerable to attacks. It is necessary for these systems to update security and softwares to protect against such cyberattacks.

The threat of cyberattacks on small municipalities has gained attention from Congressional leaders and the FBI. This is a serious threat to national security that could impact small infrastructures across the country.

“What can I do during the pandemic? I am so bored all the time!”

By Jessica Mukhija

We have all been indoors for the most part since the middle of March 2020. Since then, there have been a lot of ups and downs we have all faced which have changed us for the better or for the worse. One positive thing that the COVID-19 pandemic has taught us is to value our friendships and keep in touch with people who we care about. It also has given us a chance to reconnect with people who we weren't in touch with as much in the past, to renew and bring in a deeper friendship. Here are some tips that have helped me get through the pandemic and still are!

➤ Giving friends a call or video chat a day really helps. If you are not able to do it on a specific day, plan the calls out and at least do it once a week to really ask how they're doing and see what they have been up to during the week. I would say keeping in touch keeps you happy and keeps your friendships thriving nicely. I also have always sent streaks to friends and that is a fun way to communicate with someone and also see what they're up to, especially when you're unable to talk at a certain time.

➤ I have taken up a new hobby-cooking! I have been cooking new recipes or simple things to eat when I get the chance, and it has given me the chance to save money as well as eat healthier and take proper care of my

body. This was something I wasn't able to do in the past as I used to dorm on campus and only go home on the weekends, which depended on my schedule. There wasn't a kitchen my third year of university, so I lost the opportunity to cook then and in the past, I never cooked due to the busy schedule I had with classes and extracurricular activities. I would say if anyone is bored and looking for something new to do, they should definitely try cooking.

➤ I have been working on myself and reflecting on the past mistakes that I have made. I have personally taken notes and thought about what I could have done and what I can do in the present and the future to prevent certain incidents from happening again. I usually overthink and stress out, so I have been meditating a lot and distracting myself by focusing more on college work and my current internship so that I don't have a chance to even think negatively about anything and would recommend this for others as well. I also have been telling myself positive things to feel better and have been working on drinking more water to feel less tired as I usually tend to be tired for an entire day, which are also good things to adopt into your routine. I have been trying to work out but this is something that I genuinely need to work on as I am very lazy as a person and don't seem to find the time. I would recommend taking 30 mins out of your day to exercise and doing something as simple as jogging or jumping jacks can change your whole day.

Passion Puddle Playlist

By Samhita Vadapalli

- 1 "If the Hudson Overflows" - Goldspot
- 2 "Dior" - Halleluwah
- 3 "Where Does The Good Go?" - Tegan and Sara
- 4 "Portions For Foxes" - Rilo Kiley
- 5 "Centro di gravità permanente" - Franco Battiato
- 6 "To Live is to Die" - Metallica
- 7 "Wicked Game" - Chris Isaac
- 8 "I Want A House" - Twin Sister
- 9 "So Tired" - Crumb

Works Cited

Read more about the Strangers Project at <http://strangersproject.com/>

Endangered Species Of The Month: Not The Red Knot

<https://www.audubon.org/news/saving-red-knots-one-crab-time>

Bucket List For The (Tri-State) Traveler: Mt. Tammany

<https://hikethehudsonvalley.com/hikes/mt-tammany/>

A Cyberattack on Small Water Systems

<https://www.nytimes.com/2021/02/08/us/oldsmar-florida-water-supply-hack.html>

Passion Puddle Playlist Picture: Myah Rios

Issue Illustrations: The Noun Project
Images: Pexels



DESIGN
ILINA JAMBHEKAR

COVER PHOTO
JEREMY LEWAN



RUTGERS
GREEN PRINT
www.rugreenprint.com

ISSUE 36 | MARCH 2021