



RUTGERS GREEN PRINT

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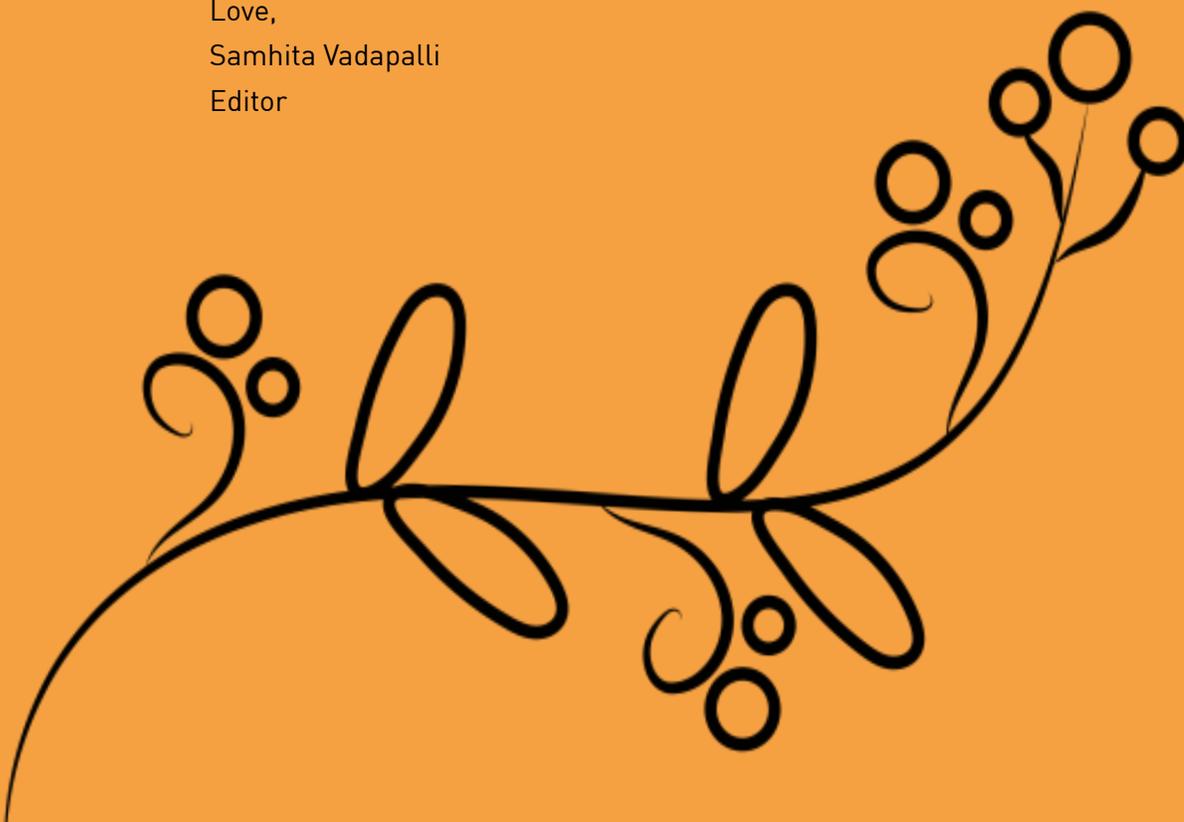
Hello Green Print Readers,

How does one rebuild what is undeniably broken? This question has haunted the minds of people, both past and present. Whether it is the brokenness of the heart, the body, or our living systems, humanity has put itself on the mission to mend all things which are seemingly unrepairable.

Though this may be essential for progress to occur, it is important to view our pursuit of perfection through the lens of the Eastern philosophy of wabi-sabi. It is the belief that damage does not signify the end of an object's life, but is a transformative moment in its history. It values incompleteness over wholeness, and authenticity over beauty. The truth is rarely perfect, and is often encompassed by the rough, gray edges of partial perspectives.

With this issue, we present to you our individual windows and the view visible through them—a reflection of our current time. This year is one which has brought insurmountable change, immeasurable loss, and new light. All that is left for us to do is to walk through the dying night, into the world which lies ahead.

Love,
Samhita Vadapalli
Editor





Be Present

By Henry Velasquez

Right now at this very moment, you are reading these words. As the plague rages around us throughout today's world, many of us have felt the stress flood into our lives. Our mental and physical health-not what it used to be. Our productivity-not what it used to be. We tend to become so stressed out about being productive, that we end up being even less productive and more stressed out-and the cycle continues. As much as you and I obsess over school, work and life, we have to take a break! That's right, go do something fun! Play a game, read a book, or watch that one new show that just came out. We are so consumed with our work and responsibilities, that we often forget that we are living things that need to be cared for too.

Life is a beautiful journey. At the end of day, after all the extra homework your professor

gave you, after all the extra studying for the three exams you have coming up, after all the extra shifts you picked up at work, life still goes on. You may not have wanted to do those things, but the least that we can try to do is to accept and be mindful of things as they happen in the moment. We stress about not doing well enough at work, not getting a high enough grade, or whatever it is, but it's okay. No matter what happens, you will be okay. You will graduate, you will get a job, you will do what you want. In ten years, many of today's stresses will be forgotten. The unnecessary toll of stress is not worth it. It will all be okay. Take it one day at a time. One hour at a time. One minute at a time. If the future brings you anxiety or the past brings you sadness, be present. Give all your focus to what you are doing. Right now, at this very moment, you are reading these words. The next moment? That's all up to you.



The Black Lives Matter Movement After The Death of George Floyd

By Nadia Qazi

Although high engagement in protests, such as the Women's March of 2017, is not unheard of, it is rare for demonstrations to be significant in size, intensity, and frequency. George Floyd's death came at a time where people could no longer turn away from injustice. The systemic oppression black people face in America was so apparent through social media, and with the entire world put on hold, due to COVID, people were eager and willing to protest against systemic racism.

Social media played a crucial factor in increasing awareness of the Black Lives Matter movement, thereby increasing engagement in protests. In 2014, #BlackLivesMatter reached its peak at 146,000 tweets, while on May 28th, 2020, that same hashtag amassed more than 8

million tweets (Bellan). Platforms such as Instagram, Twitter, and TikTok informed the public on protest locations and times. Furthermore, instructions on what to say, as well as whom to contact if arrested at protests, per an individual's state, were posted. Information on the various precautions to take at rallies if tear-gassed also circulated social media. Twitter, in particular, helped spread awareness on a multitude of petitions to sign and nonprofits to donate to. Officer Chauvin's degree of murder increasing from third-degree to second, the three other police officers involved in Floyd's death getting charged with aiding and abetting, Ahmaud Arbery's killers getting arrested, Breonna Taylor's case reopening, and Elijah McClain's case reopening, are all examples of changes petitions have made.

Similarly, victims of police brutality have received significant donations on GoFundMe pages to help with burial costs and legal fees. The conversations happening on social media rally people to the streets and push for policy change (Bellan). Social media has become a way to weed out performative activism and call out companies and corporations to do more than put out a PR statement. Lowes pledged to donate \$25 million to minority-owned businesses, while Comcast promised \$100 million to support social justice and equality, amid nationwide protests (Faughnder). On TikTok, a video-sharing platform, users have created videos confronting parents about race. Parents have documented informing their children about the danger of being born black in this country (Bellan). Social media exposes the daily injustices to a level where the privilege to turn a blind eye no longer remains. If traditional media fails to report on the inequalities this country perpetuates, social media is there to reveal the truth.

Society and the individual are inherently indissociable. Social order in America is only maintainable if the system's members reflect on the current structure put in place. Since the beginning, white people have always had the upper hand, solely because of their skin color. While improvements to the structure have been made, Floyd's death sparked a



conversation that had begun to fade from the world's mind. An officer of the law knelt on Floyd's neck for almost nine minutes. If the incident had not been recorded on a bystander's phone, it is unlikely that the said officer would have faced criminal charges. A misstep to such a high degree, occurring far too often to be considered a mistake, speaks to a more significant issue of prejudice and discrimination.

The vicious cycle to prejudice and discrimination is only stoppable once the system perpetuating those qualities enforces equality. Sociology can help create a better future if the people in this country are willing to put in the time and effort to change how they treat minorities. Clearly, people are eager to fix a broken system, as evident with the record-breaking attendance to the Black Lives Matter protests and the frequency of the protests. Americans have seemed to take to heart that not everyone is treated equally

in this country. The louder the protesters are, the harder it is for the government to ignore them. Petitions, rallies, vigils, protests, donations, calls to legislation, campaigning, voting, and most importantly, the willingness to learn and understand, are some of the few ways to get one's voice heard and make a real change. If the world can stop and reexamine the microaggressions, bias, prejudice, discrimination, and racism that is covertly encouraged, a brighter future is possible.



A mural in Minneapolis by Xena Goldman, Cadex Herrera, Greta McLain, Niko Alexander, and Pablo Hernandez

Quarantine Critters

By Julia Buttgerreit

“The wildlife and its habitat cannot speak, so we must and we will.” - Theodore Roosevelt

I have always been fascinated by the incredible and beautiful ways that wild species interact with one another. I grew up hiking, kayaking, and constantly spending time outdoors, so learning about nature has always been an interest of mine. This summer, I had the chance to spend more time than ever in the great outdoors. I began photographing the creatures I encountered in the woods and compiled them into an album on my phone. Here are just a few of the “quarantine critters” that I came across this summer!

Red-spotted Newt

Newts are a type of salamander (however, not all salamanders are considered newts). This red-spotted newt is in its juvenile phase, when they are bright orange in color. The juvenile stage can last from one to three years. After this, their skin turns green with black and orange spots. This salamander secretes poisonous toxins onto its skin in order to make it distasteful to predators, and its bright colors serve as a warning. Some animals, like the ribbonsnake, are immune to this poison and are still able to prey on the newts.





Eastern Giant Swallowtail

The Giant Swallowtail is widely distributed throughout the American continent. When Swallowtail caterpillars feel threatened, they stick out an orange gland which exudes a terrible smell.



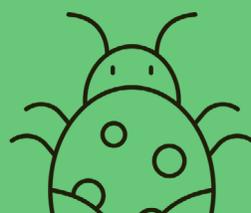
Eastern Pondhawk

These dragonflies are very aggressive towards other insects. They are equipped with long leg spines that form a "basket" in which they are able to carry their prey. Eastern Pondhawks prey on smaller insects, but have also been known to prey on dragonflies of the same size.



North American Luna Moth

When Luna moths emerge from their cocoons, they do not have a mouth, or any other body part to eat with. At this point in their life cycle, their sole purpose is to reproduce. Adult Luna moths only live for one week before they die.



November's Featured Photography

1. Myah Rios



"You might think the best view was at the top of the stairway to heaven trail, but my favorite view was these cows at the bottom of the mountain"

2. Jeremy Lewan

The Blue Hour

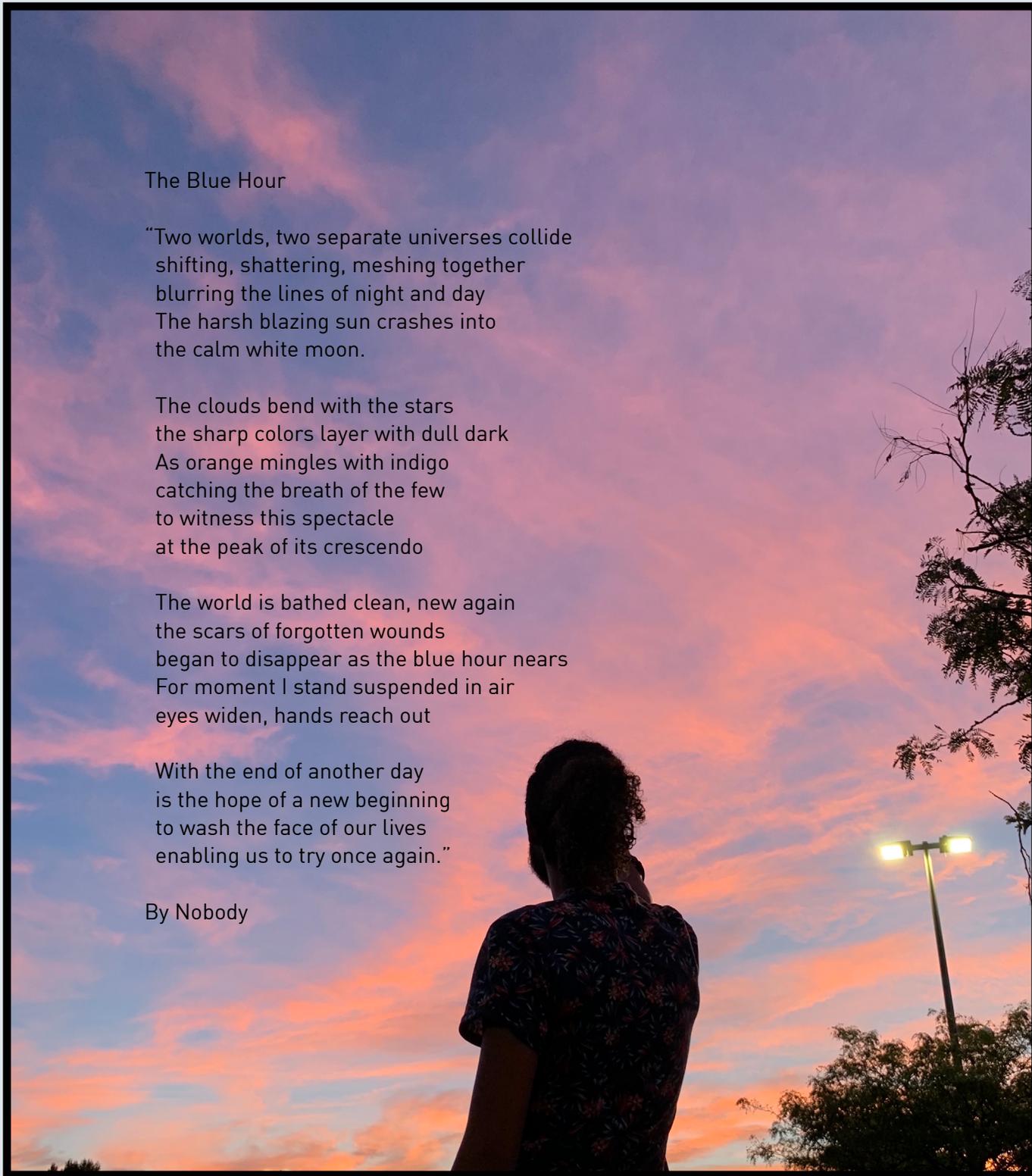
“Two worlds, two separate universes collide
shifting, shattering, meshing together
blurring the lines of night and day
The harsh blazing sun crashes into
the calm white moon.

The clouds bend with the stars
the sharp colors layer with dull dark
As orange mingles with indigo
catching the breath of the few
to witness this spectacle
at the peak of its crescendo

The world is bathed clean, new again
the scars of forgotten wounds
began to disappear as the blue hour nears
For moment I stand suspended in air
eyes widen, hands reach out

With the end of another day
is the hope of a new beginning
to wash the face of our lives
enabling us to try once again.”

By Nobody



“Find 5 minutes each day to appreciate the sunset. It is a healing process.”

The Importance of Voting and Why Young People Should Vote

By Subhodeep Chakraborty



Voting has always been something people look forward to after becoming citizens. I believe that the power of choice is one of the most important aspects of democracy. However, the importance of voting often goes undermined, as the American education system fails at giving its students the proper information and voter knowledge required.

The failure to politically educate in the classroom should not be the cause of failure on election day. Locating polling stations and recognizing representatives is harder than it should be. Schools, colleges, and universities need to take the initiative of spending a few minutes during class to explain the voting registration and mail ballot processes. As stated in a BBC News Article, “A young person doesn’t turn 18 and realize ‘oh, my voting location is here’...too many people assume that just because we have the internet, everything is obvious, and it’s not.”

The youth vote is pivotal, as young voters account for half of the voting population, making them a powerful political force. Fortunately, 2020 has seen a staggering increase in youth voters. Research shows that 63% of Americans aged between 18-29 say they will “definitely be voting” in the upcoming November election. This marks substantial increase from 2016 and 2018,

putting youth turnout in November on track to match or exceed the 2008 election. Current research even suggests that due to the impact of COVID-19, younger populations are more interested in being involved in the election.

Personally, my experience with voting is very unique. When I was young, I would ride around town with my dad to put up signs during the New Jersey State Senate elections. In high school, I assisted my township with voter registration, and at 18, when I was eligible to vote, my passion to contribute expanded. I learned how to canvas and phone bank, and even became an election clerk to assist others in the voting process.

As Rutgers students, we are a powerful force in determining the outcome of the 2020 Elections. Even if you are not eligible to register as a voter, you can participate in many internships and job opportunities that assist this process. Take advantage of the many resources Rutgers offers: the ballot drop-off boxes on the College Avenue Campus, RU Voting at the Eagleton Institute of Politics, and more. Rutgers has even asked its faculty members to refrain from assigning papers and exams during the week of the elections. Additionally, the New Jersey Department of Elections also serves as a resourceful tool for students, as well as NJ residents.



Bucket List for the Traveler: Turkish Airlines and the Turkish Delight

By Jeremy Lewan

Turkish Airlines offers all of its customers a staple slice of Ottoman culture on every flight: the Turkish Delight. This little gesture is more than just serving a sweet treat for travelers to savor at the start of their trip—it is part of their mission to provide an introduction to Turkish history and symbology.

Turkish Delight is called lokum in Ottoman Turkish, originating from the phrase rahat-ul hulküm which roughly translates to “throat-soothing.” A combination of flour, honey, and molasses, lokum is a hardened, gel-like, bite-size, cubed sweet. It is frequently augmented with ingredients like powdered sugar, chopped dates, pistachios, hazelnuts, and walnuts. Some varieties even include rosewater, pomegranate, dried apricot, shredded phyllo dough, coconut, mastic, orange, and lemon.



A variety of lokum treats, with a wide selection of nuts and fruits.

First made in the 15th century, lokum became popular in the 17th century, delighting the palates of Ottoman sultans, alongside their coffee. Picasso is even rumored to have included lokum in his regular diet to enhance concentration.

Aside from their delectableness, lokum serves as a symbol of the unique Turkish cultural overtones. Given Turkey's tumultuous past, there existed a wide variety of civilizations and customs in a relatively small country. Lokum emphasizes Turkey's diversity, variation in coloration, and naturalness.

After boarding a Turkish Airlines flight, enjoying a small Turkish Delight is a representation of Turkish ideals. It can be viewed as a token of hospitality and friendliness, and a proud embrace of diversity.



Three Turkish Delight varieties with pistachios, rosewater, and shredded phyllo dough.

Turkish Delight served on Turkish Airlines flights.



Passion Puddle Playlist

By Harshita Vadapalli

1. Sugarplum Elegy - NIKI
2. Ghost Town - Kanye West, PARTYNEXTDOOR
3. six thirty - Ariana Grande
4. Slow Motion - Charlotte Lawrence
5. moniker - underscores
6. History - Kid Travis
7. Someone New - BANKS
8. Single - The Neighborhood
9. Your Name Hurts - Hailee Steinfeld
10. At My Worst - Pink Sweat\$
11. Heartburn - Wafia
12. coffee - Miguel
13. Melting - Kali Uchis
14. Tinder Song - Victor Internet
15. Neeti Mullai - Sagar, Sumangali

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Quarantine Critters

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